

Support and Recovery Groups

(Note: All Support and Recovery Groups are held at Vineyard Columbus unless otherwise specified. For more information on any of the Support and Recovery ministries contact support.recovery@vineyardcolumbus.org or call 614-259-5289.)

Recovery program for any Hurt, Habit or Hang-up

Celebrate Recovery

Fridays 7:00 pm

Celebrate Recovery (CR) is a Christ-centered recovery fellowship for everyone desiring freedom from hurts, habits, or hang-ups. Each meeting includes worship, teachings/testimonies, sharing and fellowship. Celebrate Recovery is a safe place to share your pain, struggles, victories and hope with others going through Christ-centered recovery. Find freedom from unwanted habits, emotional wounds, and addictions while growing closer to Jesus through CR's 12 steps and 8 biblical principles. For more information, contact: support.recovery@vineyardcolumbus.org or 614-259-5289.

Addiction & Substance Abuse

Recovering in Grace (substance abuse)

Tuesdays 7:00 pm

Substance (drug/alcohol) abuse recovery group. 12 step recovery fellowship using the Serenity Bible.

Contact support.recovery@vineyardcolumbus.org, 614-259-5289

The Fix (young adult substance abuse)

Thursdays 7:30 pm

Substance (drug/alcohol) abuse recovery group for 18-30 year olds.

Contact: support.recovery@vineyardcolumbus.org, 614-259-5289

SAMI/Substance Abuse & Mental Illness (Pre-registration required)

Support group for those affected by substance abuse/addiction & diagnosis of Bipolar Disorder. Register for future sessions with:

Michael Perciful, 614-899-7680 or mperciful@wowway.com

Alcoholics Anonymous

Saturdays 9:30-10:30 am

(Community Center, aka Variety in Sobriety)

Substance (drug/alcohol) abuse recovery group. For more information:

Gayle B, belskieg@yahoo.com, 614-783-8452

Emotional Wellness

Dealing with Anger & Conflict Class **Wednesdays 7:00-9:00 pm**

8-10 week co-ed class. Class is cyclical & open to attend at any point. No cost, no registration, just come & ask your questions there. For more information on current cycle, contact:

support.recovery@vineyardcolumbus.org, 614-259-5289

Job Loss/Support

The Career Network

2nd Mondays 6:30 pm

Would you like to interview more effectively? Need help with your resume? Are you having a hard time with your internet job search? Want to hear from others who can help. The Career network allows you to get advice from experienced employment professionals

vineyardcareer@yahoo.com

The Career Clinic

3rd Mondays, 6 pm

Are you unemployed, underemployed or misemployed? Need to write or improve your resume? Do you find internet job-hunting difficult or confusing. The Career Clinic gives one-on-one help from a Career Coach. No appointment is needed; first-come, first-served.

vineyardcareer@yahoo.com

On-Line Job Searching

Mondays, 9-11 am

This is an open session in the Computer Lab on the 2nd floor at Vineyard Community Center where someone will be there to help with your job search, resume or internet questions.

vineyardcareer@yahoo.com

Grief Support

GriefShare

Sundays 6:00-8:00 pm

13 week co-ed discussion/support group for those grieving the death of a loved one. For more information on this Bible-based program, go to www.griefshare.org. Class is cyclical and able to be joined at any time. For more information on the current cycle, contact:

James Thomas, 614-476-0914

Men's Sexual Wholeness

180 (Men's Ministry)

Mondays 7:00 pm

Helping Men recover from sexual sin and return to God. This ongoing small group is open to all men, meets weekly throughout the year and has been successful helping men live lives of purity in spite of years of sexual addictions as well as those simply struggling with sexual temptation. It includes worship, a teaching time, small group accountability, mentoring and healing prayer. For more information please contact:

John Doyel, jdoyel@hotmail.com, 740-649-6050

Men Building Integrity (Men's Ministry)

Tuesdays 7:00 pm

Honesty, hope, and healing for issues that men face in their sexuality. Includes accountability groups for young men (18-30) and men over 30. Class is cyclical and able to be joined at any time. For more information on the current session, contact:

Justin Fogt, justin.fogt@gmail.com

Women's Sexual Wholeness

Integrity.women

Pre-registration required

Healing for sexual brokenness while finding freedom from addiction, shame and rejection. Class is cyclical. No new members may join after the first class. For more information on upcoming sessions, contact:

support.recovery@vineyardcolumbus.org, 614-259-5289

Hearts Restored (Women's Ministry)

2nd & 4th Mondays 7:00 pm

Open group for women who have experienced sexual betrayal by a partner (i.e., through pornography, affairs, etc.). For more information, contact:

Mona Doyel, 614-471-1659 or monadoyel@hotmail.com

Same Sex Attraction

Circle of Love Group

1st Mondays 7:00 pm

Support group for family, friends, & those affected by same sex attraction. For more information, contact:

Fred & Nora Seemann, 614-855-2184 or circle.of.love@sbcglobal.net

Unplanned Pregnancy Issues

Motherheart (unplanned pregnancies)

Call for date and time

Mentoring for single women who are experiencing an unplanned pregnancy. Diane Bauman, 614-890-0000 or diane.bauman@vineyardcolumbus.org

HEART (Women's Ministry)

Call for date and time

Healing for the effects of abortion related trauma.

Deanie Dodge, 614-451-7725 or dodge@infinet.com

Journey of Hope (Women's Ministry)

1st Tuesdays 7:00 pm

Support group for birthmothers who have chosen adoption.

Shelly Pigman, 614-325-9490

Infertility Struggles

Sisters of Sarah (Women's Ministry)

4th Thursdays 7:00 pm

Provides emotional and spiritual group support for women dealing with primary and secondary infertility. Meets off-site.

Contact Ginny Bischert, 740-657-1414 or luv2read62@yahoo.com

Health Issues

Warriors Against Cancer

Quarterly Seminars

These quarterly meetings are to give education and support for family, friends, & those affected by cancer. For more information, contact:

Frank Fredericka, 614-325-4891 or frankssearch@yahoo.com

Hopekeepers: Jer. 33:6 (Women's Ministry) 1st & 3rd Thurs, 6:30 pm
Support group for women dealing with the trials of chronic physical pain (i.e., fibromyalgia, lupus, RA, MS, etc) by keeping the focus on Jesus and embracing who Jesus has called us to be despite physical limitations.
Contact Jacqueline Radford, 419-230-3033, premierbyjacque@yahoo.com
(meets off-site)

First Place (weight loss) (Women's Ministry) Mondays, 7:00 pm
13 week weight loss program.
Larilee Perciful, 614-899-7680 or leblin@wowway.com

Mother's Heart for Healing (Women's Ministry) 1st/3rd Thurs 7:00 pm
Moms praying for children with chronic illnesses.
Christy Smith, 614-882-3511 or csmith1978@wowway.com

Divorce Care

Divorce Care for Women Wednesdays 7:00 pm
15 week support and Christian recovery program for women that are separated or divorced. Class is cyclical and able to be joined at any time. For more information and dates of upcoming sessions, contact:
Merry Neff, 614-804-7426.

Divorce Care for Men (Men's Ministry) Tuesdays, 7:30 pm
13 week support and Christian recovery program for men who are separated and divorced. Class is cyclical and able to be joined at any time. For more information and dates of upcoming sessions, contact:
Paul Myers, 614-774-1156 or paul.myers@kingthompson.com

Domestic Abuse

Daughters of Destiny (pre-screening with leader required)
14 week support group for women who are recovering from intimate partner abuse (i.e., verbal, emotional, and/or physical abuse from a spouse, dating or intimate relationship). Pre-registration with leader required. For more information, contact:
Tish Junker, tishjunker@aol.com, 614-851-2732

Relationships & Family

Chosen4Love (adoption/foster parenting) 3rd Thur. 6:45-8:30 pm
Support group for families with children involving adoption and foster parenting.
Julie & Jason Pierce, 614-781-0392 or jasandjul95@netscape.net

Loving Someone with Mental Illness (pre-screening requested)
1st & 3rd Thursdays, 7-9:30 pm

Support group for families & friends of people with mental illness (i.e., schizophrenia, bipolar disorder, major depression, borderline personality disorder, Alzheimer's, etc.). Each meeting includes a short teaching, coping skills, discussion and prayer. (Pre-screening with leader requested before attending first time.) For more information, contact:

Jane Flewellen (jflewellen@columbus.rr.com or 614.519.1381) or
Karen Twinem (karentwinem@gmail.com or 614-898-9052).

Embracing the Multiethnic Church Tuesdays, 7-9 pm

This 10 week class teaches appropriate ways to begin racial reconciliation. Participants will gain insight regarding their own disconnect from others based on ethnicity, uncover their own wounds regarding racial issues, and learn strategies to move towards personal and relational healing. Class is cyclical. Please contact leaders for current sessions and more information.

Millie Harris, millie.harris@gmail.com or Celeste Johnston,
celestecjohnston@gmail.com.

Veteran Support

Operation Freedom 1st, 2nd, & 3rd Saturdays 9-11am

Operation Freedom is a ministry of healing and fellowship for veteran men (ex-military or active duty) dealing with the many aspects of combat trauma. This 12-wk support group those dealing with physical wounds, emotional wounds, combat trauma and the stress of being in a foreign theater of war, to experience the love of Jesus and the care of His community. For more information of upcoming dates/cycles, contact:
David Fister, david.fister@att.net, 614-441-5757

A Soldier's Prayer 1st & 3rd Wednesday 7:00-9:00 pm

Prayer for servicemen, their family and friends.
Marvin Daniels, kathnmarv@yahoo.com

Additional Ministries offered through Support and Recovery

Lay Counseling (one-on-one support) (available by appointment)

Vineyard Columbus has a team of lay counselors who desire to bring the love of Christ to those who are hurting. If you are a member or regular attender and would like to meet with a lay counselor, apply at the info counter (on weekends), with our receptionists (during the week), or online (on the Vineyard Columbus website). For more information contact:
support.recovery@vineyardcolumbus.org or 614-259-5289.